

WAITING AREA

10km RUNNERS

**PLEASE WAIT HERE TILL
21km RACE HAS STARTED**

START PENS

PRE 7:30 = 21km

AFTER 7:30 = 10km

21km START

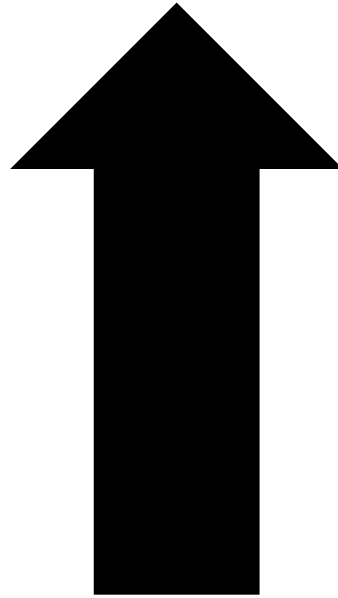


10km WAIT

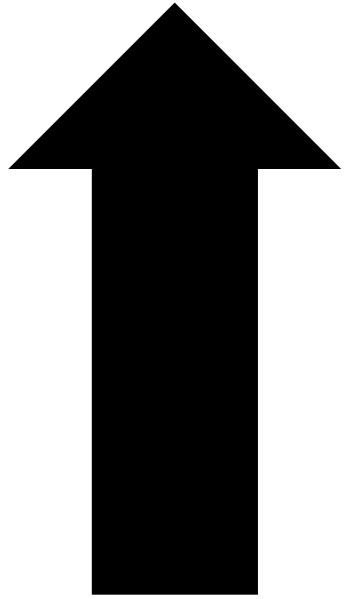


E

A-D



A-D



E



YOUR SEEDING

LETTER IS ON

YOUR NUMBER