

Gun Run 2018 – Race Route descriptions

21km – race starts at 06:30

Start – On Beach Road, near Hotel School. Race follows Beach Road towards Mouille Point Lighthouse.

1km : Continue to intersection with Helen Suzman Boulevard. Left into Helen Suzman Boulevard, on Stadium side of carriageway.

2km : Continue to York Road traffic circle. At circle, follow inside lane left into Granger Bay Boulevard.

3km : Continue along Granger Bay Boulevard to traffic circle at intersection with Beach Road.

Go around the traffic circle on the Beach Road side and straight to traffic circle at intersection with Granger Road. Turn right into Granger Road, on left-hand side carriageway.

Straight to traffic circle at intersection with Breakwater Boulevard. Continue straight in left-hand side carriageway into Dock Road.

Straight on at next traffic circle (junction with Portswood Road)

4km : Straight on Dock Road past V&A Waterfront Hotel

At Pedestrian Crossing opposite Car Park entrance, runners move to outside lane of road. Stay in this lane to Roundabout at Ebenezer Roundabout.

Straight past the Aquarium and The One and Only Hotel.

5km : Continue to traffic circle at junction with Ebenezer Road. With runners using inside of traffic circle, right into Ebenezer Road

Follow Ebenezer Road to Somerset / Main Road. At junction with Somerset / Main Road, turn right onto pavement on Traffic Department side.

6km : Follow Main Road pavement to opposite Exhibition Terrace, bear right into Pedestrian Underpass, bear left coming out of Underpass and back onto Main Road pavement / cycle way.

Follow pavement to gap in fence just after Wigtown Road, bear right onto Helen Suzman Boulevard (Mountain side carriageway) at intersection with Vlei Road.

Continue along Helen Suzman Boulevard on Mountain side carriageway.

7km : Continue along Helen Suzman Boulevard on Mountain side carriageway. At intersection with Three Anchor Bay Road, follow dedicated righthand lane of Beach Road on Mountain side of median.

8km : Continue in this lane straight along Beach Road, to Clarens Road

9km : Continue straight along Beach Road in dedicated lane, left into Clarens Road. Continue on Clarens Road. across Regent Road to Kloof Road, right into Kloof Road. Follow Kloof Road on right hand side of road.

10km : Continue along Kloof Road

11km : Continue along Kloof Road, keep to the right at junction with Nettleton

12km : Continue along Kloof Road, at approximately 12.5km mark, keep right into Lower Kloof Road, past Camps Bay High School.

13km : Continue along Lower Kloof Road, then right into Victoria Road towards Clifton Beaches, on left-hand side of Victoria Road. Victoria Road is open to traffic.

14km : Continue along Victoria Road, on left-hand side of road past Clifton Beaches.

15km : Continue straight along Victoria Road to Bantry Bay, left into Seacliff Road.

16km : Straight into Beach Road at Saunders Rocks, continue straight along Beach Road towards Queens Road in the left-hand lane.

Move onto left-hand side of road / pavement, before intersection with Queens Road.

Keep on Left hand side of road / Pavement to Pavillion Food area

17km : Bear left onto Seapoint Promenade next to the Pavilion Food area. Follow the Seapoint Promenade towards Rocklands Beach.

18km : Continue on Promenade.

Opposite Hall Road, follow fencing around construction works. Re-join Seapoint Promenade after construction works.

Follow Seapoint Promenade towards Mouille Point Lighthouse

19km : Continue along Promenade. Follow Promenade around left turn towards Mouille Point Lighthouse and onto Beach Road pavement opposite Shell Garage. **Continue on pavement / left hand side of road to past the Lighthouse.**

20 km : Continue straight along Beach Road past Rothesay Place, right into Fritz Sonnenberg, then right into Stephan Way

21km : Continue along Stephan Way, turn left onto Hamiltons Rugby fields and finish line.

10 km – race starts at 07:15

Start – On Beach Road, near Hotel School - Race follows Beach Road towards Mouille Point Lighthouse.

At intersection with Fritz Sonnenberg, turn left. Follow Fritz Sonnenberg to intersection with Granger Bay Boulevard.

1km : At intersection with Granger Bay Boulevard, turn left. Follow Granger Bay Boulevard on left-hand side median to gap in median after the MyCity Bus Station. U-turn Right at this point into right-hand side median.

Follow Granger Bay Boulevard, to robot at Fritz Sonnenberg. Move runners across to right hand lane at robot to enter traffic circle inside lane. Follow inside lane of traffic circle into inbound carriageway of Helen Suzman Boulevard (Seaside of Helen Suzman).

2km : Continue straight on Helen Suzman Boulevard towards Beach Road.

At intersection of Three Anchor Bay Road and Beach Road, move runners into dedicated lane of Beach Road (Inbound lane next to median)

3km : Continue along Beach Road in direction of Swimming pools in dedicated lane

4km : Continue along Beach Road in direction of Swimming pools in dedicated lane.

5km : Just after Clarens Road, follow gap in median in front of small park and onto one way part of Beach Road towards Our Lady Goodhope Church.

Continue along Beach Road to traffic circle at Queens Road. Follow inside of traffic circle (effective U-turn) into right hand side of inbound lane of Beach Road in direction of city.

6km : Continue along Beach Road in direction of City Centre. At swimming pool follow line of fencing and move runners into left-hand inbound lane.

7km : Continue along Beach Road in left hand inbound lane, in direction of City Centre

8km : Continue along Beach Road, following Beach Road to the left towards Mouille Point Lighthouse. 10km runners to be moved into right hand side of road.

9km : Just before the Lighthouse, keep runners in right hand side of the road ready to turn right into Alexander Place. Cross Bay Road into Greenpoint Park onto Lighthouse Way

Continue on through Greenpoint Park on Lighthouse Way to gate on left hand side just past the Golf Course boundary fence. Right through gate onto Hamiltons rugby fields, follow markers to race finish.

10km : Finish on Hamiltons rugby fields

5 km – race starts at 08:30

Start – On Beach Road, just after Fritz Sonnenberg Road. Race heads towards V&A Waterfront. Continue straight to Haul Road. Turn left into Haul Road. At intersection of Granger Bay Boulevard turn right into nearside carriageway of Granger Bay Boulevard. Carriageway closet to The Lookout.

1km :. Continue along Granger Bay Boulevard. At the intersection of Granger Road, continue straight through traffic circle.

At intersection of Beach Road, continue straight through traffic circle in righthand carriageway of Granger Bay Boulevard (carriageway closet to Fort Wynyard. Continue straight on Granger Bay Boulevard to Fritz Sonnenberg.

Turn right into Fritz Sonnenberg, Follow Fritz Sonnenberg to level with Gate 03 of Stadium, then left across Stadium Forecourt, following bunting and cones to Lighthouse Way.

At Lighthouse way, turn left towards underpass below York Road traffic circle.

2km :. Enter underpass and follow fencing to the right to exit the underpass onto Main Road pavement / cycle way in direction of Three Anchor Bay Road.

Follow pavement / cycleway to gap in fence just after Wigtown Road, bear right onto Helen Suzman Boulevard (Mountain side carriageway) at intersection with Vlei Road.

3km : Continue along Helen Suzman Boulevard on Mountain side carriageway. Just before robot at intersection of Beach Road, perform U-turn between gap in carriageway and proceed back on Stadium side of Helen Suzman Boulevard (inbound lane).

4km : At intersection with Vlei Road, turn right into Vlei Road. Follow Vlei Road to gate onto Hamiltons Rugby fields and the finish.

5km: Finish